



INTERDISCIPLINARY GRADUATE SCHOOL

SOLVING GLOBAL CHALLENGES THE INTERDISCIPLINARY WAY

IGS DEVELOPMENT SERIES (IGS-DS)
WED | 10AM - 11.15 AM | IGS SEMINAR ROOM

31
AUG

BUILD RELATIONSHIPS THROUGH BETTER EQ & COMMUNICATION SKILLS

FUNDAMENTALS OF PRACTICING EQ | POWER OF DIPLOMACY THROUGH CHARISMA | WHOLE BODY COMMUNICATION

28
SEP

UNDERSTAND HOW EMOTIONS AFFECT PERSONAL PERFORMANCE

HOW TO BE INTELLIGENT WITH EMOTIONS | ACTION/REACTION MODEL | FIGHT/FLIGHT FREEZE & TRAINING THE MIND WITH PATTERN INTERRUPTS

26
OCT

RESOLVE CONFLICTS MORE CONFIDENTENTLY USING EMOTIONAL INTELLIGENCE

ALL CONFLICTS BRING RESILIENCE & EMOTIONAL STRENGTH | WIN/WIN MODEL | TACTICS TO DIFFUSE TENSION

30
NOV

PRACTICING OPTIMISM & RESILIENCE

ADVANTAGES OF PRACTICING OPTIMISM | CHANGE YOUR LANGUAGE & THE WAY YOU THINK | BEHAVIOURS & MANNERISMS TO PRACTICE & KEEP HAPPY



About Dr Granville Ed D'Souza

Dr Granville Ed D'Souza has been helping organisations to approach their strengths and weaknesses through coaching and facilitative workshops that delve into team and individual behaviour. He uses various mechanisms like DISC, Harrison Innerview, Enneagram, MBTI and Baron's EQ-i to help participants understand innate behaviours and their personality traits. Such tools enable him to have a better hold on the factors that hinder performance so as to help influence and cause a positive shift towards reaching goals and aspirations. In addition, he actively uses EFT (Emotional Freedom Technique) to surface issues and help people cope with past incidents and challenges. His present programs are geared towards personal change and peak performance and include areas of Team Development, Communication & Behavioural Awareness, Emotional Intelligence, Coaching & Supervisory Leadership.

Granville has a Bachelor of Arts, an MBA, and a Doctorate in Business Administration from the University of South Australia.